

24.-26.
APRIL
2026

LONDON.ON 

FAMILY KARATE CENTER

FRIDAY / 19:00 - 21:00

SATURDAY / 13:00 - 17:00

SUNDAY / 10:00 - 14:00

SEMINAR

DAKILANG GURO

JEFF ESPINOUS

FILIPINO MARTIAL ARTS . PENCAK SILAT BELADIRI
DIRTY BOXING AND URBAN SELF DEFENCE

Seminar Address :
Family Karate Centre
1225 Wonderland Road North
ON . N6G 2V9 / London

Contact : Tim McMillan
Cell : +1 . 519 . 8881969
Email: filipinocombativesystems@gmail.com



KSE

KALI SILAT EVOLUTION
URBAN SELF DEFENCE

CLEAR W/THE FOREARM AND
COUNTER STRIKE T/THE HEAD
KALI SILAT EVOLUTION BY JEFF ESPINOUS



HOOK W/THE FRONT HAND
KALI SILAT EVOLUTION BY JEFF ESPINOUS

