



Friday 11 January 2024 / 7:00 PM- 9:00 PM
Saturday 12 January 2024 / 11:00 AM – 3:00 PM
Sunday 13 January 2024 / 11:00 AM – 3:00 PM

LOCATION

2404 Seven Oaks Ridge
London / Ontario

TRAINING GEAR

Sticks • Training Knife •
Boxing Gloves • Focus Gloves
Shin Guard & Mouth Guard
& Martial Art Uniform

INFO & REGISTRATION

Contact: Brad Fowler
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Cell: +1 . 519 . 8544718

FILIPINO MARTIAL ARTS

SILAT BELADIRI
URBAN SELF
DEFENCE

DAKILANG
GURO

JEFF ESPINOUS



LONDON . ON



CANADA

